



Mens —

# How to measure

Before you begin you will need a flexible measuring tape and a pen or some way of noting down your measurements.

## 01 Chest —

Measure horizontally around the largest part of the chest, under the armpits and over the back shoulder blades, then record the measurement once the arms are put down into a resting position. Ensure the measuring tape is snug against the body, but not too tight.

## 02 Waist —

Measure around the waist roughly at the level of the navel. This measurement may correspond to either the narrowest or the widest point of the waist, depending on build.

## 03 Shoulder to Shoulder —

Measure the distance from one shoulder seam to the other, with a jacket on.

## 04 Jacket Length —

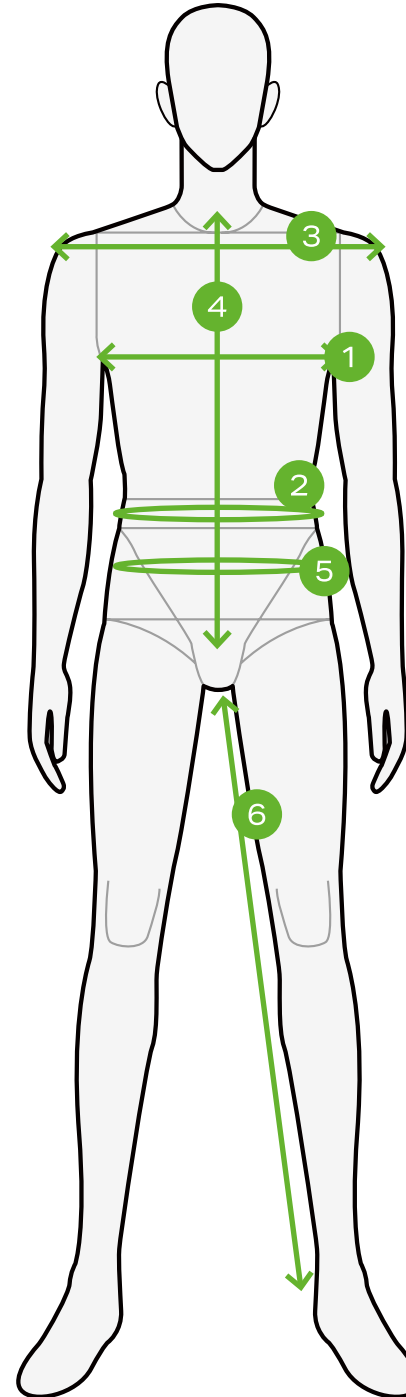
Measure from the bottom of the collar, straight down the back centre seam, to where the required length of the jacket will end. The jacket should ideally be just long enough to completely cover your rear, though this will vary depending on the style required.

## 05 Trouser Waist —

Decide where you would like your trouser waist to be, and then measure horizontally around the waist. For suits, it tends to be just below the navel.

## 06 Inside Leg —

Measure from the lowest part of the crotch of your trousers, keeping the measure tape down to where you wish the bottom of the trousers to end. Bear in mind the fit you want over the shoe, as this will affect the height of the trouser crotch.



## Top Tips —

If you have a jacket, shirt and trousers you know fit you well, you may want to wear them as well this will help you judge certain measurements.

Perform each measurement three times for accuracy and round all final measurements to the nearest half inch.

# Mens Size Guide

## Mens Jackets and Waistcoats

|                |      |      |      |      |       |     |     |     |     |     |        |        |
|----------------|------|------|------|------|-------|-----|-----|-----|-----|-----|--------|--------|
| UK Size        | 32   | 34   | 36   | 38   | 40    | 42  | 44  | 46  | 48  | 50  | 52     | 54     |
| Euro Size      | 42   | 44   | 46   | 48   | 50    | 52  | 54  | 56  | 58  | 60  | 62     | 64     |
| Chest (cm)     | 81.5 | 86.5 | 91.5 | 96.5 | 101.5 | 107 | 112 | 117 | 122 | 127 | 132.00 | 137.00 |
| Chest (inches) | 32   | 34   | 36   | 38   | 40    | 42  | 44  | 46  | 48  | 50  | 52     | 54     |
| Waist (cm)     | 66   | 71   | 76   | 81   | 86    | 91  | 97  | 102 | 107 | 112 | 117    | 122    |
| Waist (inches) | 26   | 28   | 30   | 32   | 34    | 36  | 38  | 40  | 42  | 44  | 46     | 48     |

## Trouser Length

| Trouser Length  | Short | Regular | Long | Unfinished |
|-----------------|-------|---------|------|------------|
| Length (cm)     | 74    | 79      | 84   | 94         |
| Length (inches) | 29"   | 31"     | 33"  | 37"        |

