



## MENS SIZE GUIDE

### 1. CHEST

The chest measurement is taken as a circumference measurement around your chest at the widest point. Stand in a relaxed posture and breathe out.

### 2. WAIST

Measure around your waist (where you normally wear your trousers). Measure your body not over a trouser.

SIZE	14	14.5	15	15.5	16	16.5	17	17.5	18	18.5	19	19.5	20	21	22
<b>COLLAR INCHES</b>	14	14.5	15	15.5	16	16.5	17	17.5	18	18.5	19	19.5	20	21	22
<b>COLLAR CMS</b>	35.5	37	38	39.5	40.5	42	43	44.5	45.5	47	48.5	49.5	51	53.5	59
<b>CHEST INCHES</b>	34	36	38	40	42	44	46	48	50	52	54	56	58	62	66
<b>CHEST CMS</b>	86.5	91.5	96.5	101.5	106.5	112	117	122	127	132	137	142	147.5	157.5	168
<b>WAIST INCHES</b>	28	30	32	34	36	38	40	42	44	45.5	47	48.5	50	53	56
<b>WAIST CMS</b>	71	76	81	86	91	97	102	107	112	116	119	123	127	135	142

**DISCLAIMER:** All fabric weights (in grammes) are within +/- 5% of that stated in this brochure, and whilst we endeavour to achieve the weights printed, these are purely for illustration purposes only. Every effort has been made to ensure that the information in this brochure is correct.

## LADIES SIZE GUIDE



### 1. BUST

Measure under the arms at the fullest part around the bust horizontally.

### 2. WAIST

Measure around your waist (where you normally wear your trousers). Measure your body not over a trouser.

SIZE	6	8	10	12	14	16	18	20	22	24	26	28	30
<b>BUST INCHES</b>	30	32	34	36	38	40	42	44	46	48	50	52	54
<b>BUST CMS</b>	77	82	87	92	97	102	107	112	117	122	127	132	137
<b>WAIST INCHES</b>	23	25	27	29	31	33	35	37	39	41	43	45	47
<b>WAIST CMS</b>	59	64	69	74	79	84	89	94	99	104	109	114	119
<b>HIPS INCHES</b>	32	34	36	38	40	42	44	46	48	50	52	54	56
<b>HIPS CMS</b>	82	87	92	97	102	107	112	117	122	127	132	137	142

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