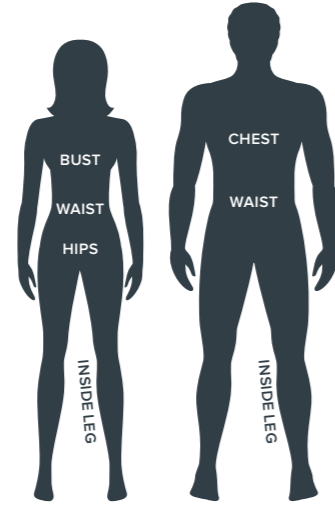


Size Guides

A garment that fits correctly ensures freedom of movement and comfort for the wearer.

Please follow our easy guide for a correct fitting garment.



Chest - Measure over the fullest part, under the arms and straight across the back.

Waist - Measure around the natural waistline.

Hips - Measure around the fullest part of the lower body.

Women's Size Chart - Dresses & Tunics

Size	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
Bust (cm)	86	91	96	101	106	111	116	122	128	134	140	146	152	158	164
Hem circumference (cm) (Hips)	90	95	100	105	110	115	120	126	132	138	144	150	156	162	168

Women's Size Chart - Trousers

Size	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
Waist (cm)	66.5	71.5	76.5	81.5	86.5	91.5	96.5	101.5	106.5	111.5	116.5	121.5	126.5	131.5	136.5
Hips (cm)	87	92	97	102	107	112	117	122	127	132	137	142	147	152	157

Men's Size Chart - Tunics

Size	XS	S	M	L	XL
Chest (cm)	94.5	104.5	114.5	124.5	134.5
Hem circumference (cm)	92.5	102.5	112.5	122.5	132.5

Men's Size Chart - Trousers

Size	XS	S	M	L	XL
Waist (ins)	24-26	28-30	32-34	36-38	40-42